BETTENDORF PRESBYTERIAN CHURCH

April 2024

LOVE ALL - SERVE ALL



"Not all those who wander are lost." J.R.R. Tolkien

This month I thought I'd share a bit more about my upcoming sabbatical which will run from August through October. The majority of my time of sabbatical will be a pilgrimage along the Camino de Santiago Frances. This is an ancient pilgrimage that begins in France and then travels across the north of Spain. The route runs 480 miles from St. Jean Pied de Port to Santiago de Compostela – think of walking from Bettendorf to Cleveland, Ohio. This particular pilgrimage began in the early Middle Ages when Christians sought to grow closer to God by making a trip to the resting place of James, the disciple of the Lord, who is said to be buried in Santiago. I'm walking this pilgrimage, in part, to revel in God's goodness and in the beauty of God's glorious creation, but also to ask God to reveal the sacred dimensions of our lives together in fellowship and ministry.

I will be walking an average of 12 to 17 miles a day through communities that have been established since the Middle Ages to provide support for pilgrims. These wonderful communities provide simple food for the journey and lodging for the night. Many glorious churches and cathedrals have been built in the towns along the path, and, as excited as I am to see these venerated places of worship, I think I'm even more excited to experience the local women and men whose very vocation is to provide hospitality for the thousands of pilgrims who walk the Camino annually.

I want to thank the church for your willingness to allow me this time for renewal. Thanks also the sabbatical team for helping us prepare. I would covet your prayers as we move closer to this time.

Grace & Peace, Pastor Troy

From Pastor Troy's Sabbatical support team: We have already received inquiries from members of the congregation about how they might financially support Pastor Troy on his Sabbatical. The cost to the church will probably be around \$3500 (pulpit supply and pastoral coverage). The personal cost to Pastor Troy will probably be around \$5500. The Session has budgeted money for the church costs and Pastor Troy has budgeted his own costs (don't worry, Pastor Troy isn't in danger of being stranded anywhere!) – but if you feel called to contribute either to the church costs or to Pastor Troy's expenses, you can do so by writing a check to BPC with memo line reading either, "Sabbatical support – church expenses," or "Sabbatical support – pastor's expenses."



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Adult Birthdays

Brent Biggs
Jared Wilson
Mark Collier
Shirley Holgorsen
Brian Phipps
John Luedtke
Dean Hiles
Noah Mitvalsky
Matthew Marriott
Chad Gainey
Lindsay Williams
Debra Alvarado
Jane Garrett
Amanda Tindall
Greg Keefe
Andrew Lehman
Dianne Moore
Austin Kimler
Matthew Erickson
Barbara Pitz

Anniversaries

Bill & Jeanne Kimler	3
Sara & Keith Lehman	14
Chip & Betty Drake	19
Christi & Brian Davis	27



Youth Birthdays

Addison Werner	1
Mara Kost	7
Renna Demijan	15
Lincoln Kimler	17
Jacob Mitvalsky	28

Who: All Men Where: **Bettendorf Presbyterian Church** When: Saturday, April 13th Time: 8:00 AM

We would enjoy your company! If you have any questions call Pastor Troy The Coffee Pot Will Be On! (Sometimes there are even donuts)

Oner's April Event Sunday, April 14th Breakfast/Lunch 11:00 am Vibrant Coffee House Kitchen 3230 Ridge Point, Bettendorf

RSVP to: Ginny Tudeen

ginnytudeen@gmail.com

(563)343-8440



Spring is here... Sign up sheets for April



Lawn Mowing Volunteers Needed

through September are on the bulletin board between the restrooms!

'Sonshine' Boxes and Blessing Bags!

PW has started a new ministry here at BPC ... Brightening someone's life with a Blessing Bag or a 'Sonshine' box.





If you know someone who needs a lift or a little tangible sign of the love of Christ, pick up a box or bag in the back of the adult Sunday School room, fill it from the items available in the boxes nearby - whatever you think might bring a ray of sunshine to your recipient. Then log your name and the name of the recipient in the register on the counter.

Very like Prayer Shawls, this ministry is available to everyone here and to any recipient - within or outside of our congregation.

Please include in your prayers for Healing :

Jackie Anderson, Bill Bates, Linda Carrillo, Jeffrey Davies, Craig Clough, Jane Fox, Jim Fox, Marjorie Harden, Ron and Candy Harlan, Ben Hedlund, Joan Hovey, Stephanie Hitchings, Mike Hoenig, Jim Kaderbek, Micki Kaderbek, Helen Lensch, Donna Luchman, Carl Melton, Janie Mitchell, Jim Orr, Jeannie Price, Adam Pope, Sarah Qualls, Lee Rasmussen, Pat Ricketts, Kevin Ross, Mary Lou Sanders, Jo Bates granddaughter: Laura Sanders, Brandy Schroeder, Erin Shaulis, Sharon Shope, Liz Stoffer, Dick Stotlar, Evelyn Thurston.

Please share with the church office when your prayers have been answered and/or you wish to be removed from the list.

Attendance & Offering

I will be loyal to our Lord through the Church and be supportive with my Prayers, Presence, Gifts and Service

		Febr	uary 2024	
	AT	TENDANCE		OFFERING
DATE	9am	10:45am	online	
4-Feb	109	50	13	\$ 21,660.88
11-Feb	92	60	13	\$ 4,935.60
18-Feb	94	38	13	\$ 33,954.00
25-Feb	98	42	12	\$ 4,400.00
PrePaid Plec	lges			\$ 12,300.00
other offerir	ngs			\$ 3,176.44
Total Month	Offering	B		\$ 80,426.92
Other Mont	h Incom	e		\$ 877.38
Total Month	n Income	9		\$ 81,304.30
TOTAL expe	enses foi	r Month	<u>% of Budget</u>	\$ 43,424.35
Year to Date	Total In	come	28.23%	\$ 119,149.88
Year to Date	Total Ex	kpenses	17.15%	\$ 73,701.92
Annual Inco	me budg	et 2024		\$ 422,135.00
Annual Expe	nse bud	get 2024		\$ 429,870.42





The Giving Tree

Recipient: Tapestry Farms

Refugee families are in need of:

Bar soapShampoo and conditionerLaundry SoapDeodorantMenstrual padsDish SoapToilet Paper

Take a tag from the Giving Tree in the Narthex. Return your item and place it under the tree.

Please have items back to the church by April 14th.



April Worship

April 7 Holy Communion Matthew 11: 28-30 Taking Up The Yoke Pilgrimage: Our call to journey with Christ

April 14 A Holy Imagination

1 John 3: 1-7 Just as children develop a healthy imagination, children of God are called to imagine themselves being formed in the image of Christ, having power over sin and love for God and neighbor. April 21 Youth Sunday / Confirmation / Graduate Recognition Matthew 5: 14-16 Being the Light of Christ

April 28 A Brand-New Ballgame

1 John 4: 7-21 The pitch clock was a game changer for Major League Baseball. Does God have a pitch clock to speed up our understanding of love? Parish Nurse News and Views



<u>4 Steps to Take After Knocking Out a Tooth</u>

Longer, warmer days are going to see all of us outdoors with a lot of us participating in activities that put both adults and children at risk of getting a tooth knocked out. In fact, that fear, which is greater than worrying about breaking a bone or tearing a muscle, causes a lot of individuals to avoid participating in sports.

"While knocking out a tooth can have devastating effects on a smile or oral health, proper actions can help save the tooth so that it can be replanted successfully and last for years to come," says Dr. Craig S. Hirschberg, president, AAE. The American Association of Endodontists encourage everyone to review and remember the following steps to take that may help increase the chances of saving the tooth.

1. Locate the tooth immediately; don't leave it at the site of the accident. Pick it up by the crown (the chewing surface), not the root, and handle it carefully. To minimize injury to the root, touch only the crown. If the tooth is dirty, gently rinse it with water only.

2. Insert the tooth back into its socket immediately, if possible. The sooner the tooth is back in its socket, the greater the likelihood it will survive. To insert the tooth, gently push the tooth into the socket with your fingers. Hold the tooth in place with your fingers or have the injured person gently bite down on it. A gauze can be used to bite on as well.

3. Keep the tooth moist at all times. The tooth must not be left outside the mouth to dry. If it cannot be placed back in the socket, place the tooth in an emergency tooth preservation kit or milk. If none of these options are practical, use water.

4. Seek professional help immediately. Dial 911 if there are other injuries to tend to. You may wish to see an endodontist or the nearest available dentist within 30 minutes or as quickly as possible. Endodontists often are available on short notice, and they are specialists who have completed an additional two or more years of training beyond dental school. Their advanced training makes them ideally suited to save a knocked-out tooth in many cases.

When it comes to learning more about knocked out teeth, there is an app. The IDAT (International Association of Dental Traumatology) recommends down-loading its ToothSOS app, which provides information for both patients and professionals in the event of traumatic tooth injury. For patients, the app provides easy to understand emergency steps to take in all dental injuries. You can find the app in the Apple App Store and Google Play.

"Whether it's due to an accident or a sports injury, knocking out a tooth doesn't necessarily mean your tooth is lost for good. Taking the right steps at the right time can save your tooth," says Dr. Liran Levin, president, IADT.*

Enjoy your summer sports, and play!

Judy Hiles, Parish Nurse

*Information from StatePoint, Healthy Cells Magazine, Quad Cities - March 2024



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 9:00 Exercise 10:30 Friendship Force 2:30 Small Group C 6:00 Small Group B 6:30 BSA Troop 89	3 10:00 Friendship Force 5:30 Journey 7:00 Choir Practice	4 9:00 Exercise 6:30 Praise Band	5 6:00- am Church in Use	6 8-11 Lower Level in use 9:00 PW Board
7 9:00 Communion Worship 10:00 Christian Education/ Small Group D 10:45 Communion Worship 2:30 Confirmation 4:00 Youth Group	8	9 9:00 Exercise 10:00 Happy Stampers 2:30 Small Group C 6:00 Small Group B 6:30 BSA Troop 89	10 5:30 Journey 6:00 Session 7:00 Choir Practice	9:00 Exercise 2:00 Charis Circle 6:30 Praise Band	12	13 8-11 Lower Level in use 8:00 Men's Prayer Group
14 9:00 Worship 10:00 Christian Education/Small Group D 10:45 Worship 12:00 Deborah Circle 2:30 Confirmation 4:00 Youth Group	15 4:30 Mission Concerns	16 9:00 Exercise 10:00 Outreach 10:00 Friendship Force 2:30 Small Group C 6:00 Small Group B 6:30 BSA Troop 89	17 2:00 Heart to Hand 5:30 Journey 7:00 Choir Practice	18 9:00 Exercise 1:00 Friendship Circle 6:30 Praise Band 7:00 Deacons	1:30-3:30 Morningstar Academy with Illowa Folkdance in Fellowship Hall 3:30-6 PW set up for Spring Social Fellowship Hall and kitchen	20 8-11 Lower Level in use 11:00 PW Spring Social
21 9:00 Worship 10:00 Christian Education/Small Group D 10:45 Worship 4:00 Youth Group Confirmation Sunday	22 1:00 Gilded Pages 3:30 Serve out: Food Bank	23 9:00 Exercise 10:00 Circle of Joy 2:30 Small Group C 6:30 BSA Troop 89 7:00 Mary Martha Circle	24 5:30 Journey 7:00 Choir Practice	25 9:00 Exercise 6:30 Praise Band	26 Newsletter Deadline 6:30-10:00 Illowa Folk Dance	27 8-11 Lower Level in Use 10-2 Fellowship Hall in Use
28 9:00 Worship 10:00 Christian Education/Small Group D 10:45 Worship 4:00 Youth Group	29	30 9:00 Exercise 2:30 Small Group C 6:30 BSA Troop 89			under Schleiner	my

Notes from the March Session Meeting

- Talks of a new Pictorial Directory are underway
- The Small Group Bible Studies will conclude the end of April.
- The church clean up day is scheduled for April 27, 2024, 8:00 am

Illowa Folk Contra Dance

4th Friday of each Month, 7 pm Bettendorf Presbyterian Church

- All dances taught before dancing
- No partner needed
- Lines, Trios, Groups, Circles etc.
- Danced to live music (whenever possible)
- Fun!

	January 26	February 23	March 22	April 26
)	May 24	June 28	July 26	Aug 23
	September 27	October 25	November 22	December 27

Dance Schedule 2024 (tentative):

A HUGE THANK YOU! TO EVERYONE WHO ANSWERED THE CALL TO 'ADOPT A PLOT!'

JANET COOGAN JIM & DEA SAUL ALISON MCCRARY JEFF LINDAMAN TANA BARSNESS JULIA BENSON MARIE WINDER



MARGIE & JERRY FROESCHLE BILL FUHR NANCY & DENNIS DUVALL CHRIS HART JUDY HAHM ERRICA & BOB DONOHOO

IF YOU SEE THESE FOLKS, PLEASE THANK THEM FOR BEAUTIFYING OUR GROUNDS!

SAVE THE DATE - THURSDAY, MAY 23rd The spring blood drive is coming up and many of our

friends and/or relatives may need blood!!! Many of us have had a relative in need of this life giving service. (In my case, it was my daughter after what should have been a SIMPLE tonsillectomy.) - Lynn Stotlar



"The ritual of pilgrimage is not about the destination, but about the transformation that happens along the way. It is an ancient religious practice that creates space for awaking, healing and discernment. We live in a world of hurry, quick fixes and selfhelp strategies. Life comes at us so fast, it's hard to discern who we are and how we are to show up amid all the beauty and brokenness we face each day. We are desperate for meaning and wholeness, but many of us feel paralyzed as to how to live into transformed lives that aren't swallowed up by "to do" lists and external metrics of success." – Jon Huckins





Camp Bear Creek

Since 1960, Camp Bear Creek (formerly Camp Wyoming) has helped tens of thousands of children, youth, adults and families grow into better versions of themselves.

Originally built by Presbyterian Churches as a place to nourish a life of faith and extend the Church's Christian Education Program beyond the congregation, Camp Bear Creek is now known for this and so much more. It is truly a home away from home, a place of sanctuary and inspiration.

Camp Bear Creek is a place where you can grow your faith, be authentic, connect with nature, live in the moment and pursue excellence. At camp, you will experience a sanctuary of forest in the midst of Iowa's farmland, a site that is a reminder of the inspiring beauty of God's creation.

The camp is located about an hour from the Quad Cities near Wyoming, Iowa, and serves as a summer camp and year-round retreat center. As a summer camp, Camp Bear Creek offers programs from mid-June to early August for youth from first to twelfth grades. The programs are graduated by age, with younger children having two or three-day sessions, and older ones in six-day sessions from Sunday to Friday. Included are themed sessions such as sports, music art and drama, pirates and leadership. During the summer, the camp averages 80-100 campers each week. Costs run from \$500-\$700 per session depending on ability to pay. Some scholarships are available.

In August, college groups come in for team building sessions. In September, local schools come in for outdoor education. At the end of December, there are children's and teen retreats. For the rest of the year, groups use the camp's facilities for retreats to escape the ordinary and host family reunions, youth group gatherings, church retreats, staff outings and many other events.

Some of the recent updates that have taken place at Camp Bear Creek include renovations to the cabins and a new high ropes course.

Many of us at BPC have participated in a variety of activities at Camp Bear Creek, from sending kids to participate in the summer programs to the annual youth group retreat to the financial support given through the Mission Concerns budget to the groups that participate in work projects at the camp.

SERVE-OUT OPPORTUNITY - RIVER BEND FOOD BANK, APRIL 22

Time/Date: Monday, April 22 from 3:30 – 6:30 Location: River Bend Food Bank - North Park Mall north entrance (between the old Sears and Von Maur)



We need 10 volunteers to help stock food onto shelves while clients shop. Closedtoed shoes, please. Anyone 10 and up is welcome to help. Sign up on the <u>bettpres.org/serve</u> site or in the Narthex on the Serve-out board.

Presbyterian Women's Circles

Groups meet for Bible Study, mission and fellowship. Circles are open to any woman. Contact Mary Hasty (563-349-4926) if you are interested in learning more.



Charis Circle - Meeting the second Thursday of the month at 2:00pm - April 11, 2024 Friendship Circle - Meeting the third Thursday of the month at 1:00pm - April 18, 2024

Circle of Joy - Meeting the fourth Tuesday of the month at 10:00am - April 23, 2024

Deborah Circle - Meeting the first Sunday of the month at 12:00pm - April 14, 2024 (Lesson 8 Megan) Mary/Martha - Meeting the fourth Tuesday of the month at 7:00pm - April 23, 2024



Childcare available Seed Packet Exchange Registration starts Sunday, March 17th, in the Narthex



KIDS & YOUTH NEWSLETTER



KIDS EVENTS

3rd: Journey 7th: Sunday School 10th: Journey 14th: Sunday School 17th: Journey 21st: Kids Sing @ service! 24th: Journey 28th: Sunday School

VACATION BIBLE SCHOOL

Kids!: Registration is now open for our week of summer camp fun! All kids preschool through 5th grade are invited to join us 6/23-6/27 from 5:30-8:30pm. https://bettpreskids.mycokesburyvbs.com/

Adults!: We are looking for lots of kind volunteers to join us in making this a great experience for the kids! Register at the same link as above or reach out to Dawn!

NEW SERIES: THROW BACK!

From retro toys to fashion trends, we all love a good throwback. (Especially for grown-ups because it reminds us of being young again.) There are things that remind us of a moment in time, but other things feel timeless and like they're always in style. In this four-week series, kids will travel through the decades and see that the teachings of Jesus in the Gospels are always trending.

YOUTH EVENTS

3rd: Journey 7th: Game Night 10th: Journey 12th-14th: HS Ignite Conference 14th: Trampoline Park 17th: Journey 21st: Youth Sunday 21st: Trash Pick-Up 24th: Journey 28th: Games @ the Park



SUMMER MISSION TRIPS

Summer is just around the corner! We only have a few spots left on each trip - register ASAP!

- Middle School Trip: 8/5 8/9
- High School Trip: 6/16 6/22

Look for stock sales coming soon!

NEW SERIES: I AM

The best way to know about someone is to let them tell you who they are. What might happen if we made space for Jesus to speak for himself? In this four-week series, we'll dive into Jesus's words about himself to learn how his words can reshape our lives today. Through what Jesus says, we'll learn that Jesus is love, is truth, is always with us, and is our Savior.



Pastor, Rev. Troy Winder Music Minister, Chris Werner Organist, Deb Swift Director of Christian Education, Dawn O'Connor Director of Youth Ministries, Jake O'Connor Secretary Parish Nurse, Judy Hiles

BETTENDORF PRESBYTERIAN CHURCH 1200 MIDDLE ROAD BETTENDORF, IA 52722-3604 563-355-6494

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> > RETURN SERVICE REQUESTED

